CIRCUMCISION – Post-Operative Care

Following circumcision you should keep the wound dry for the first 24 hours then you can shower as usual thereafter.

No soaking in the bath for the first seven days and if you are a swimmer, you should not return to the pool until the wound is fully healed (two-three weeks). If the stitches have not come out after the first six weeks and are bothering you, then make an appointment to be seen in the clinic to have them removed.

Keep an eye out for any signs of infection – these are;
• Fever (temperature)
• Chills
• Smelly discharge from the wound

If you experience any of these symptoms please contact your urologist – Rod Studd (027 280 2027) for advice.

During the normal course of healing, your penis may be swollen and slightly redder than usual. There may also be an oozing of clear liquid (lymph) from the site, this is perfectly normal and is not a sign of infection.

You have been provided with a script for;

• Paracetamol 500mg tabs – For pain relief
• Ibuprofen 200mg tabs – For pain relief
• Chloramphenicol eye ointment – This is to be applied to the stitched area on your penis as a local antibiotic twice a day for one week (this will help to prevent infection)

The glans or the head of your penis may be a slightly different colour to the rest of the skin, this is because it has been covered by a foreskin up until now. Given time it will gradually change colour to match the rest as the newly exposed skin adapts.

For further information and contact details visit:
www.urologycarewellington.co.nz